

Skin Care

Your baby can get rashes from everything. His skin will be flaky until he is 4 to 6 weeks old. Once you start bathing your baby, you can use a hypoallergenic cream such as Eucerin or Aveeno after bathing – this helps seal in the moisture. Babies also can be allergic to perfumes in some lotions. If there are cracks in the skin, you can apply a little Vaseline. Powders are dangerous because your baby can inhale the little particles and they can get into your baby's lungs and cause pneumonia.

Use baby detergent and rinse clothes well. Clean the diaper area with warm water and a wash cloth. Diaper wipes are wonderful when you are out of the house, but they can make red, bumpy rashes on the diaper area.

If your baby gets a diaper rash:

- Clean the rash with lots of clear water.
- Pat the area dry.
- Air it out by leaving the diaper off for 5-10 minutes.
- You can use diaper rash cream, but not powders.
- Change the diaper as soon as you notice it is wet.

Cord Care

Use alcohol on your baby's cord. As long as there is no redness around the cord, do not worry. The cord may bleed a little and smell funny when it's getting ready to fall off. Some cords take as many as 21 days to fall off. Call us if you are worried.

Bathing

When the cord comes off (and the circumcision heals), you can give your baby a tub bath. Check the water to be sure it is not too hot. Babies squirm and wiggle. Hold on tight and NEVER leave a baby in the tub without at least one hand on him. Use unscented or sensitive skin soap, like Dove. Always rinse all of the soap off the skin. Be sure to wash your baby's hair.