

## **WELL BABY CARE**

### **Two month check-up**

#### **IMMUNIZATIONS:**

Well the fun begins now! You'll be given a consent form to sign which should explain immunizations fully. Your baby will be given diphtheria, tetanus, pertussis (whooping cough), haemophilus, hepatitis B, polio, pneumococcal and rotavirus vaccines. This will begin a series of shots that hopefully will give your baby life long protection from these horrible diseases. We highly recommend the shots.

Your baby will probably have a low grade fever (100-101) and be somewhat fussy today. Occasionally, these symptoms persist for 3 days. You may notice some swelling and mild tenderness that may last for several weeks. Apply a warm washcloth to treat this, if desired. Other reactions are rare; be sure to call if you have any questions. You can prevent some of the fever and fussiness by giving acetaminophen (Tylenol, Pannodol, etc.). Ask us for the correct dosage.

#### **FEEDING:**

Your baby should still be on breast milk or formula. No solids (baby foods) should be given until 4-6 months. If your baby is on formula, make sure it's the lipil or advance with DHA and ARA.

#### **SAFETY:**

- Use car seats at all times.
- Babies often start turning over within the next few months. Do not leave them unattended on a bed or table.
- Do NOT hold your baby while drinking hot drinks or smoking. Soon your child will start grabbing at things.
- You may want to use a playpen as an "island of safety".
- Never smoke in the house or around the baby.
- It is ok to give Tylenol, but if your baby has high fever – greater than 101 rectally - and you do not know why, the baby should be seen within 24 hours.

#### **CAR SEAT:**

The car seat should still be facing the back in the middle of the back seat.